

	Health Check	Essential	Exec One	Exec Select B	Exec Plus
Length of screen (minutes)	20	30	45	60	60
Height, weight & BMI	✓	✓	✓	✓	✓
Body Fat %	✓	✓	✓	✓	✓
Visceral Fat Test (Abdomen fat)	✓	✓	✓	✓	✓
Blood Pressure	✓	✓	✓	✓	✓
Total Cholesterol (Blood test)	✓	✓	✓	✓	✓
Blood Glucose (Diabetes blood test)	✓	✓	✓	✓	✓
Metabolic Rate	✓	✓	✓	✓	✓
Hydration Test	✓	✓	✓	✓	✓
Bone Mass Assessment	✓	✓	✓	✓	✓
HDL Cholesterol (Blood test)		✓	✓	✓	✓
ECG (Electrocardiogram)		✓	✓	✓	✓
Lung Function		✓	✓	✓	✓
Cardio Fitness Test (step box exercise)		✓	✓	✓	✓
Leucocytes (Kidney infection test)		✓	✓	✓	✓
Nitrite (Bacteria infection test)		✓	✓	✓	✓
Protein (Kidney disease test)		✓	✓	✓	✓
Ketones (Dietary protein test)		✓	✓	✓	✓
Urobilinogen (Liver disease test)		✓	✓	✓	✓
Bilirubin (Liver disease test)		✓	✓	✓	✓
Blood in urine (Kidney disease test)		✓	✓	✓	✓
Blood Oxygen Saturation Test (Oxygen level in blood)			✓	✓	✓
Haemoglobin – red blood cell test			✓	✓	✓
Prostate Disease Test (Men over 40)			✓	✓	✓
Thyroid Test (Women)				✓	✓
Stress Cardiomyopathy Test (cardiovascular cohesion of the heart)				✓	✓
Stomach Bacteria/H Pylori (Stomach Cancer Risk)				✓	✓
Arteriosclerosis (Hardening of the arteries)				✓	✓
Bowel Cancer (Man & Woman over 40)				✓	✓
Osteoporosis Risk Assessment Test (Woman over 40)					✓
High Sensitivity CRP (Inflammation of the arteries blood test)					✓
Price	£35	£55	£95	£145	£195